



— • — A REPORT ON — • —



CERTIFICATE COURSE

— • — IN — • —
SCHOOL COUNSELLING

2026-27



Dr. Vandana Modi

Department of
Human Development and Family Studies

S M Patel College of Home Science
(Autonomous)



LISTEN
with
Empathy



SUPPORT
with
Compassion



GUIDE
with
Understanding



EMPOWER
for
Growth



School Counselling

Course Title	Certificate Course in School Counselling
Duration (Hours)	30 Hours
Department	Human Development and Family Studies
Coordinator	Dr. Vandana Modi
Credit	2 Credits
Dates	03/08/2025 to 19/08/2026
Number of Participants	19
Course Objective	- To bring about a voluntary change in the parents, teachers as well as students. - To help the participant work out a plan for solving his difficulties. - To develop skills involved in dealing with academic and personal problems of learners. - To acquire knowledge and develop understanding about the various procedures and techniques of guidance and their classroom application.
Course Content	Module 1. : Introduction to School Counselling (06 Hours) Module-2.: Theoretical Foundations of Counselling (06 Hours) Module 3. : Counselling- Skills and Characteristics (06 Hours) Module 4. : Counselling for Children (06 Hours) Module 5. : Counselling Approaches (06 Hours)
Activities Conducted	- Introduction to School Counselling, Importance of School Counselling - Role of a School Counsellor and theoretical foundations - Key skills and Characteristics of a Counsellor - Common Problems Faced by School Counsellors - Challenges Faced by School Counsellors - Counselling for children, Rapport Building - Problem-Solving Techniques, Handling Challenges - Exam Pressure, Bullying and Anxiety - Positive Counselling, Ethics of Counselling - Use of Counselling Tools or Approaches - Case Study, Observation, Interview and Questionnaire - Student Support and Career Readiness - Resume Building, student-counsellor interaction - WhatsApp and Telephonic Counselling - Coping Strategies and Mood Identification - Ethics, Rapport building, Review & Reflection and Feedback
Learning Outcome	By the end of this course students, teachers and parents will be able to: - Teachers, students and parents would gain experience in the social-emotional aspects of school counseling. - Achieve their full potential with school counseling program. - Gain the expertise needed to become a school counsellor through comprehensive coursework and supervised field experience.

Annexures

- ❖ Course Brochure / Flyer
- ❖ List of Participants
- ❖ Photographs
- ❖ Sample Certificates Issue

Course Brochure



A Charutar Vidya Mandal's
S.M. Patel College of Home Science
[An Autonomous Institution Affiliated with Sardar Patel University]
Reaccredited by NAAC (B++), GSIRF 4 Star
College with Potential for Excellence (CPE-II)
Vallabh Vidyanagar -Gujarat



HUMAN DEVELOPMENT AND FAMILY STUDIES DEPARTMENT
Offers
CERTIFICATE COURSE IN
SCHOOL COUNSELLING
Empowering Minds | Building Futures | Creating Supportive Schools

Counselling Today, Stronger Tomorrow.

DURATION
30 HRS.

FEES
1000/-



LISTEN • UNDERSTAND • SUPPORT • EMPOWER

OBJECTIVES OF SCHOOL COUNSELLING

- To promote the holistic development of students in academic, personal, social and emotional domains.
- To help students understand their strengths, interests and challenges.
- To enhance communication, emotional well-being and problem-solving skills.
- To support students in making informed academic and career decisions.
- To create a supportive and inclusive school environment.

WHO CAN ENROLL:

- STUDENTS** (12TH PASS)
- PARENTS**
- TEACHERS**

COURSE COORDINATOR
DR. VANDANA MODI
08160667630

COURSE OUTCOMES

- Understand the concept, scope and importance of school counselling.
- Develop active listening and effective communication skills.
- Identify and address emotional, behavioural and academic concerns.
- Apply basic counselling techniques and intervention strategies.
- Promote mental well-being, positive relationships and resilience.
- Understand referral services and support systems in schools.
- Foster a supportive, inclusive and student-friendly environment.

 **EMOTIONAL WELL-BEING** **STRONGER RELATIONSHIPS** **BRIGHTER FUTURES** **SUPPORTIVE SCHOOLS**

Together, let's build emotionally healthy and successful students!

List of Participants

Sr. No.	Name of Participant	Class / Programme
1.	Chhaya Hiteshbhai Harijan	F.Y. B.Sc. HDFS
2.	Jinal Mukeshbhai Padhiyar	F.Y. B.Sc. HDFS
3.	Urvashi Pareshbhai Rabari	F.Y. B.Sc. HDFS
4.	Sheetal Mukeshbhai Rabari	F.Y. B.Sc. HDFS
5.	Tejas Chaganbhai Sangada	F.Y. B.Sc. HDFS
6.	Divya Dharmveer Singh Chouhan	S.Y. B.Sc. HDFS
7.	Vaidehi Kalpeshbhai Joshi	S.Y. B.Sc. HDFS
8.	Priyanka Maheshbhai Thakor	T.Y. B.Sc. HDFS
9.	Vaishali Ranvantsinh Parmar	T.Y. B.Sc. HDFS
10.	Kirti Babubhai Rohit	T.Y. B.Sc. HDFS
11.	Laxmi Takhatsinh Chavda	T.Y. B.Sc. HDFS
12.	Naurin Safiulla Saiyad	T.Y. B.Sc. HDFS
13.	Naysha Saurabh Rabari	T.Y. B.Sc. HDFS
14.	Preksha Jigarbhai Rabari	T.Y. B.Sc. HDFS
15.	Azraben Yasinmahamad Mansuri	T.Y. B.Sc. HDFS
16.	Bushara Parvezbhai Mansuri	T.Y. B.Sc. HDFS
17.	Prachi Ashokbhai Patel	T.Y. B.Sc. HDFS
18.	Anita Talpada	T.Y. B.Sc. HDFS
19.	Janvi Jigneshbhai Patel	T.Y. B.Sc. HDFS

Photographs





Sample Certificate



A CHARUTAR VIDYA MANDAL'S
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ACCREDITED B++ BY NAAC, GSIRF 4 STAR
COLLEGE WITH POTENTIAL FOR EXCELLENCE (CPE-II)
AFFILIATED TO SARDAR PATEL UNIVERSITY
VALLABH VIDYANAGAR- GUJARAT



CERTIFICATE OF COMPLETION

30 HOUR CERTIFICATE COURSE IN SCHOOL COUNSELLING

This is to certify that

has successfully completed the 30-Hour Certificate Course in SCHOOL COUNSELLING
organized by the

Department of Human Development and Family Studies

Dr. Vandana Modi

Course Coordinator

Dr. Bhavana Chauhan

Principal